

"We all play our part in achieving excellence in everything"
School Intimate Care Policy

1. Introduction

The Pilgrim Federation is committed to safeguarding and promoting the welfare of children and young people. We are committed to ensuring that all staff responsible for intimate care of children will undertake their duties in a professional manner at all times. The Intimate Care Policy and Guidelines regarding children have been developed to safeguard children and staff. They apply to everyone involved in the intimate care of children.

Intimate care is any care which involves washing, touching or carrying out an invasive procedure (such as cleaning up after a child has soiled him/herself), that most children can carry out for themselves, but with which some are unable to do due to physical disability, special educational needs associated with learning difficulties, medical needs or needs arising from the child's stage of development.

2. Aims and Objectives

This policy aims:

- To provide guidance and reassurance to staff and parents/carers
- To safeguard the dignity, rights and well-being of children
- To assure parents that staff are knowledgeable about intimate care and that their individual needs and concerns are taken into account.

3. Toileting and the Foundation Stage Profile

Curriculum guidance for the Foundation Stage is clear that the role of the adult involves supporting the child's whole development, particularly their Personal, Social and Emotional development including supporting the transition between settings. One of the Early Learning Goals for children to achieve by the end of the Foundation Stage is to "manage their own basic hygiene and personal needs successfully, including dressing and undressing and going to the toilet independently".

4. Intimate Care in Key Stage 1 and Key Stage 2

Key Stage 1 - We will inform all parents of Reception children prior to them starting school of the current toileting policy highlighting that we will change children for odd 'accidents' but not routinely as part of day to day personal care.

Key Stage 2 - Any child that soils or wets will not be changed by any member of staff. However, we will provide a private, safe space (toilets) where the child may change on their own. We will supply clean clothes (to the best of our ability out of the 'spares box') and a carrier bag.

5. Parental/Carer responsibility

Partnership with parents/carers is an important principle in any educational setting and is particularly necessary in relation to children needing intimate care. Much of the information required to make the process of intimate care as comfortable as possible is available from parents/carers. Prior permission must be obtained from parents/carers before intimate care procedures are carried out. (See appendix 3) Parents/carers should be encouraged and empowered to work with staff to ensure their child's

needs are identified, understood and met. This will include involvement with Individual Education Plans (I.E.Ps), Health Care plans, Pupil Profiles and any other plans which identify the support of intimate care where appropriate. Exchanging information with parents/carers is essential through personal contact, telephone or correspondence.

What the school expects of parents/carers:

- Parents/carers of Reception to Year 6 pupils will endeavour to ensure that their child is continent before admission to school (unless the child has additional needs).
- Parents/carers will discuss any specific concerns with staff about their child's toileting needs.
- Parents/carers must inform the school if a child is not fully toilet trained before starting school, after which a meeting will then be arranged to discuss the child's needs.
- Parents/carers accept that on rare occasions their child may need to be collected from school.

6. Staff responsibilities

Anyone caring for children, including teachers and other school staff, has a duty to care and act like any reasonably prudent parents/carers. Intimate care routines should always take place in an area which protects the child's privacy and dignity. Children's intimate care routines should always be carried out by an assigned member of staff. Appropriate support and training should be provided when necessary.

The following steps will be taken to ensure health and safety of both staff and children:

1. Alert another member of staff who will remain nearby without causing the child embarrassment, whilst the child is being supported by the first adult.
2. Escort the child to a changing area i.e. designated toilet areas
3. Collect equipment and clothes
4. Adult to wear gloves
6. Child to undress as appropriate and clean themselves as much as possible under the verbal guidance of an adult.
7. Soiled clothes to be placed inside carrier bags (double wrapped) and to be given to parents at the end of the day. Plastic aprons and gloves should be disposed of in the designated bin.
8. Children are expected to dress themselves in clean clothing, wash their hands and return to class
9. Area to be cleaned and disinfected by adult before returning to class
10. Adult should wash their hands thoroughly after the procedure.

Intimate care incidents must be recorded (using the intimate care record) including date, time, name of child, adult(s) in attendance, nature of the incident, action taken and concerns or issues. This will also monitor progress made. Parents/Carers are to be informed as soon as where possible verbally and using a Notification of Intimate Care Slip.

It is unreasonable for staff to be expected to change a child who regularly soils unless the child has a medical condition as an underlying cause.

8. Special educational needs and child protection issues

The school recognises that some children with SEN(D) and other children's home circumstances may result in children arriving at school with under developed toilet training skills. If a child is not toilet trained because of a disability his/her rights to inclusion are additionally supported by the SEN & Disability Act 2001 & Part 1V of the disability Discrimination Act 1995.

If a child's toileting needs are substantially different than those expected of a child his age, then the child's needs may be managed through an Individual Health Plan or alternatively they may be considered to be at the Early Years Action Plus/School Action Plus in the SEN Code of Practice. A toileting program would be agreed with parents as advised by a Health Professional. Intimate care

arrangements will be discussed with parents/carers on a regular basis and recorded on the toileting plan. If there is no progress over a long period of time, e.g. half a term, the SEN Co-ordinator, teaching staff and parents would seek further support, e.g. G.P's referral of child for specialist assessment.

Some children may have a statement of special educational needs before entering school. The statement will outline the child's needs and objectives and the educational provision to meet these needs and objectives. The statement will identify delayed self-help skills and recommend a program to develop these skills. The management of all children with intimate care needs will be carefully planned. Where specialist equipment and facilities above that currently available in the school are required, every effort will be made to provide appropriate facilities in a timely fashion, following assessment by a Physiotherapist and/or Occupational Therapist.

9. Child Protection

This policy runs in conjunction with the Federation Safeguarding Policy

This policy was adopted by the Governing Body on 20th November 2019

Appendix 1a: Notification of Intimate Care

Child's Name: _____

Date: _____ Time: _____

Name of Staff Involved: _____

Procedure:

- Nappy/pull-ups changed due to being wet.
- Nappy/pull-ups changed due to being soiled.
- Clothing change due to being wet or soiled.
- Support with changing due to toileting accident.
- Other _____

Staff Signature _____

APPENDIX 2

PERMISSION FOR SCHOOLS TO PROVIDE INTIMATE CARE

I understand that;

- I give permission to the school to provide appropriate intimate care support to my child e.g. changing soiled clothing, washing and toileting
- I will advise the Head Teacher of any medical complaint my child may have which affects issues of intimate care.

Name of Child: _____

Date of birth: _____

Male/Female (circle)

Parent/carers name: _____

Relationship to child: _____

Signature: _____

Date: _____

**APPENDIX 3
TOILET MANAGEMENT PLAN**

Child's Name..... DOB.....

Name of Support Staff Involved.....

Area of need.....

Equipment required.....

Location of suitable toilet facilities.....

Support required.....

Frequency of support.....

Working towards Independence

Child will try to

Personal Assistant will do.....

Target Achieved.....

Review Date.....

Parents/Carer.....

Child (if appropriate).....

Staff involved with the child.....

Senior Management/SENCo.....

Date.....